



In-Person Life Groups Relaunch: *Life Groups can meet in person, and we would ask that you limit your gatherings to 25 (adults and children). This number will be evaluated weekly and we will keep you informed of any changes.*

Social Distancing and Care: *Please continue to practice social distancing when meeting in person. We are not requiring that masks be worn, but recommend a mask for those who prefer to wear one. And we encourage all those who are 65 years or older to continue to meet virtually. As a leader, based on these guidelines, you can decide what is best for the people in your group.*

This Week's Icebreaker Question:

- If there were no limits, what would be the coolest Father's Day Gift you could give?
- Take turns within the group and share some "Dad Jokes" with each other.

Sermon Specific Questions:

1. In Philippians 4:4 we see that Paul's first prescription for building unity and bringing peace to the church is JOY. Why do you think this is the first part of the prescription? Why is it important to recognize how often Paul says we need to rejoice in the Lord?
2. Reading the words of Paul in Philippians 4:5 we find that GENTLENESS is the second prescription for peace. How would you define or describe gentleness? How have you seen a gentle response lead to peace in a situation of conflict? Why does Paul include "the Lord is near" in verse 5, and what is that important for us to remember?
3. Philippians 4:6-7 shows us that the third prescription for peace is PRAYER. What does it look like to daily live out verse 6? Can you share about a time when you experienced a turnaround in a situation because you prayed instead of worried? According to verse 7 what's the immediate result of praying about everything, and how can that be a great reminder & motivator to pray instead of worry?
4. Philippians 4:8 gives us a list of the RIGHT THOUGHTS to have as a prescription for peace. With so many perspectives openly shared in our world today, why is God's perspective the most important and how does this verse help us keep the right perspective? Of the list given in verse 8, what stands out to you as something to focus more on this week?
5. The final prescription for peace is found in Philippians 4:9 – GODLY INFLUENCES. Who are some Godly influences in your life and why are they influential in your life? Who are you influencing with your words and actions?