



In-Person Life Groups Relaunch: *Life Groups can meet in person, and we would ask that you limit your gatherings to 25 (adults and children). This number will be evaluated weekly and we will keep you informed of any changes.*

Social Distancing and Care: *Please continue to practice social distancing when meeting in person. We are not requiring that masks be worn, but recommend a mask for those who prefer to wear one. And we encourage all those who are 65 years or older to continue to meet virtually. As a leader, based on these guidelines, you can decide what is best for the people in your group.*

This Week's Icebreaker Question:

- What is your favorite ice cream flavor? Do you prefer ice cream or frozen custard?
- What was a highlight from your week you can share with the group?

Sermon Specific Questions:

1. In Philippians 4:10 we see that Paul's first principle on how to live a contented life is by valuing people more than possessions. What are some ways you can show how much you care for somebody more than you care about other things in life?
2. Reading the words of Paul in Philippians 4:11-12 we find that possessions are not the key to happiness. What do you do when you find your heart and mind pulling your attention towards possessions as means to happiness, and how do you guard yourself against that?
3. Philippians 4:13 shows us that the third principle for a life of content is remembering your relationship with Jesus. How does recognizing that you have everything you need when you have Jesus change your perspective about possessions and life? Was this something you recognized quickly in your spiritual journey, or has this been a continual process of growth for you?
4. Philippians 4:14-17 helps us recognize that we should be more concerned with the needs of others than our own. What are some steps you have taken to take your eyes off of yourself in order to see the greater need of others? Was there a specific instance or situation you faced that helped shift your perspective?
5. We find in Philippians 4:18-23 that the final principle to experiencing a content life is resting confidently in God's provision. What does it look like for you to rest in God's provision? Why can it be hard at times not to rest in His provision? How has God's provision impacted the way you look at finances and generosity?