



- In-Person Life Groups Relaunch: Life Groups can meet in person, and we would ask that you limit your gatherings to 25 (adults and children). This number will be evaluated weekly and we will keep you informed of any changes.
- Social Distancing and Care: Please continue to practice social distancing when meeting in person. We are not requiring that masks be worn, but recommend a mask for those who prefer to wear one. And we encourage all those who are 65 years or older to continue to meet virtually. As a leader, based on these guidelines, you can decide what is best for the people in your group.

This Week's Icebreaker Question:

If you could only eat the same fast food meal for an entire year, what would it be?

Sermon Specific Questions:

1. Numbers 13:27-33 is a great example of how people deal with giants. Why do you think the 10 spies were full of fear? Why do you think the other 2 spies were full of faith? How can you maintain a faith-filled perspective when looking at the giants in life?
2. Pastor Havilah Cunnington said "You don't have to defeat every giant. You just have to defeat yours." How does that resonate with your spirit? How does your perspective change when hearing this? What are some giants you are currently facing?
3. The Israelites were convinced that they couldn't inhabit the land because of the giants they were told about from the spies. Can you think of a time where there were some giants in life that seemed so large and impossible to overcome? How long did you face those giants? How did you overcome those giants? How is your faith stronger now because of that previous battle? How do you deal with your giants today?